

# MENTAL HEALTH & COUNSELING SERVICES

Dunn County Community Resource Guide

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## Arbor Place

4076 Kothlow Ave  
Menomonie, WI 54751  
715-235-4537

[www.arborplaceinc.com](http://www.arborplaceinc.com)

Primary focus is on AODA and comorbid conditions. Offers residential, outpatient and prevention services, support groups and resources to individuals and families struggling and recovering from addiction. Arbor Place also provides recovery houses for up to 10 men and 9 women at a time, with stays ranging from 3 to 24 months. They accept BadgerCare and offer a sliding fee scale.

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## Aurora Community Counseling and Employee Support Services (ACCESS) \*

406 Technology Dr E  
Menomonie, WI 54751  
715-235-4696 or 1-888-261-5585

[www.auroraservices.com](http://www.auroraservices.com)

ACCESS Center is an outpatient mental health clinic offering individual, couple, family, and group therapy for a variety of concerns. AODA counseling is available to assist individuals and families dealing with substance abuse and dependency, and includes treating other addictions such as emotional eating, overspending, perfectionism, “workaholism”, and pornography issues. Payment options include private pay, private insurance, Medicaid, and Medicare.

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## Beacon Mental Health Resources

393 Red Cedar St Suite #3  
Menomonie, WI 54751  
715-308-5742

<http://www.beaconmentalhealthresources.com/home.html>

Provides outpatient mental health services including counseling for ADHD, anxiety, depression, autism, addiction, grief/loss, marriage, and family. Also specially offers EMDR, an intensive trauma counseling approach, and Christian counseling practices.

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\* = May provide school-based services.

Updated 8/8/2019

[dunncocommunityresourceguide@gmail.com](mailto:dunncocommunityresourceguide@gmail.com)

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## Caillier Clinic \*

700 Wolske Bay Rd Suite 210  
Menomonie, WI 54751  
715-836-0064

[www.caillierclinic.com/](http://www.caillierclinic.com/)

Offers comprehensive mental health services, parenting assessments, autism treatments, outpatient alcohol and drug programs, juvenile sex offender evaluations and treatment, and domestic violence services including educational anger courses. Payment options include private insurance, Medical Assistance and BadgerCare.

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## Chippewa Valley Free Clinic

1030 Oak Ridge Drive  
Eau Claire, WI 54701  
715-839-8477

[info@cvfreeclinic.org](mailto:info@cvfreeclinic.org)

[www.cvfreeclinic.org](http://www.cvfreeclinic.org)

Clinic open Tuesdays from 4:00 pm-6:00 pm for registration and 5:00 pm- 8:00 pm for services. Open on Thursdays for mental health services and diabetics. Look online for more information on these services.

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## Dunn County Department of Human Services

Behavioral Health

3001 US Hwy 12 E Suite 160  
Menomonie, WI 54751

715-232-1116 during business hours or 1-888-552-6642 for after hour crisis services

[dhs@co.dunn.wi.us](mailto:dhs@co.dunn.wi.us)

[www.co.dunn.wi.us/index.asp?SEC=DDF119CA-8B3D-4B1D-B07B-8FF1E6003A89&Type=B\\_BASIC](http://www.co.dunn.wi.us/index.asp?SEC=DDF119CA-8B3D-4B1D-B07B-8FF1E6003A89&Type=B_BASIC)

Provides mental health counseling, psychiatrist services, mental health medication management, and referrals. Services are provided to Dunn County residents aged 18 and older. Alcohol and Drug Services are offered to Dunn County residents through a contact with Arbor Place. For assessment of AODA services call 715-232-4537.

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**Free Clinic of the Greater Menomonie Area**

2321 Stout Rd, Level A  
Menomonie, WI 54751  
715-233-7655 or 715-308-3808  
[www.menomoniefreeclinic.org](http://www.menomoniefreeclinic.org)

Provides services to uninsured individuals. Fees for services are based on federal poverty level guidelines. Open Tuesdays from 5:00 pm – 8:00 pm. First come, first served.

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**The Giving Tree \***

715 Hwy 79 Suite 2  
Boyceville, WI 54725  
715-643-2445  
[hwilson@thegivingtreecounseling.com](mailto:hwilson@thegivingtreecounseling.com)

The Giving Tree is a counseling and resource center to support and access resources with the local community to better understand needs, rights and policies for parents, caregivers, professionals and community members interested in the betterment of persons with cognitive, emotional, physical and substance abuse disorders. It is a branch of Arbor Place Counseling and Renewal Center and offers a sliding fee scale based on household income for those without medical coverage.

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**The Healing Place**

2125 Heights Drive  
Eau Claire, WI 54701  
715-717-6028  
[www.sacredhearteauclaire.org/healing-place](http://www.sacredhearteauclaire.org/healing-place)

Provides free support services and educational programming for anyone experiencing life transition issues such as death, divorce, illness, disability, unemployment, retirement, or military deployment.

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**Kayres Counseling \***

\* = May provide school-based services.  
Updated 03/28/2020  
[dunncocommunityresourceguide@gmail.com](mailto:dunncocommunityresourceguide@gmail.com)

N4762 State Rd 25  
Menomonie, WI 54751  
715-231-2010  
[kayrescounseling@gmail.com](mailto:kayrescounseling@gmail.com)  
[www.kayrescounseling.com](http://www.kayrescounseling.com)

Provides outpatient mental health services including alcohol and drug, child and adolescent mental health therapy, marriage and couples therapy, and individual therapy services to address life transitions, anxiety, and depression. They offer assistance to persons with disabilities in accessing resources in the community and assist with services such as IEP and special education questions.

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**Lutheran Social Services (LSS) \***

120 S. Barstoe Street  
Eau Claire, WI 54701  
877-967-5577  
[www.lsswis.org/](http://www.lsswis.org/)

**Marriage and Family Health Services \***

2925 Mondovi Rd  
Eau Claire, WI 54701  
715-832-0238  
[www.marriageandfamilyhealthservices.com](http://www.marriageandfamilyhealthservices.com)  
Provides individual outpatient therapy, marital counseling, trauma and abuse services, play therapy, in-home family therapy services, and grief counseling. They also operate the Mikan and Migisi Day Treatment Programs for youth.

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**Marshfield Clinic Riverview Center**

2925 Mondovi Road  
Eau Claire, WI 54701  
715-832-0238  
[www.marshfieldclinic.org/Locations/Centers/Eau%20Claire%20Riverview%20Center](http://www.marshfieldclinic.org/Locations/Centers/Eau%20Claire%20Riverview%20Center)

Counseling services include couples and family therapy, geriatrics, group therapy, individual psychotherapy, medication management, and psychological testing. A referral from your Marshfield Clinic doctor is needed in order to schedule an appointment. Hmong and Spanish speaking interpreters are available.

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### **MATCH**

Mental Health Assistance for Teens & Children

4800 Golf Road, Suite 450

Eau Claire, WI 54701

715-552-1365 or 1-877-216-2824

[match@frcec.org](mailto:match@frcec.org)

<http://www.frcec.org/programs.htm>

The goal of MATCH is to provide a single point of entry to families that are looking for mental health assistance for their children throughout the Chippewa Valley. They answer general mental health questions regarding teens, children, and their families; provide a brief non-medical assessment of the family's current needs; and makes appropriate referrals to a variety of resources throughout the Chippewa Valley. Services are free and confidential.

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### **Mayo Clinic Health System Eau Claire Behavioral Health**

1221 Whipple St

Eau Claire, WI 54703

715-838-3311 or 1-888-838-4777

<http://mayoclinichealthsystem.org/locations/eau-claire/medical-services/behavioral-health>

Provides psychiatric, psychotherapy/counseling, psychology, addictions, and group therapy services.

Individuals must be established with a Mayo Clinic doctor to schedule an appointment; a referral from their regular Mayo Clinic doctor is not needed. Provides Hmong and Spanish interpreters if needed.

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### **Mayo Clinic Red Cedar Behavioral Health**

2321 Stout Rd

Menomonie, WI 54751

715-233-7891 or 1-800-236-9671

<http://mayoclinichealthsystem.org/locations/menomonie/medical-services/behavioral-health>

Provides psychiatric, psychotherapy/counseling, psychology, and group therapy services. Individuals must be established with a Mayo Clinic doctor to schedule an appointment; a referral from their regular Mayo Clinic doctor is not needed. Provides Hmong and Spanish interpreters if needed.

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### **Mental Health Peer Support Group**

A meeting to talk about mental health, community, and resources. Anyone welcome to join. We talk about PTSD, depression, anxiety, and other mental health disorders along with symptom management. Meetings are Mondays at 5:30pm-6:30pm at Golden Leaf Café 1706 Stout Road Menomonie, WI.

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### **Milkweed Connections**

[www.milkweedconnections.com](http://www.milkweedconnections.com)

Providing Comprehensive Community Services to individuals throughout western Wisconsin. Milkweed also provides training, consulting, and direct pay services. Milkweed is able to provide wellness tools like yoga, peer support, meditation, life coaching, bodywork, and many other integrative practices to individuals seeking health, wholeness, and recovery. Milkweed Connections is guided by values consistent with the consumer/survivor/ex-patient movement (also known as the peer recovery movement). These include a belief in the possibility of healing and recovery, a focus on choice and self-determination, and an understanding of the social and environmental factors that play a role in an individual's experience.

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### **Monarch House**

820 N. Broadway

Menomonie, WI 54751

Respite phone and warmline: 715-505-5641

Monarch House Peer Run Respite in Menomonie, WI, is a voluntary, non-medical, overnight program for people experiencing what is commonly referred to as crisis. Guests access peer run respite support through a self-referral process, which helps determine if an individual is a good fit for stay. While staying at the respite, guests may choose from a variety of self-directed healing modalities and may access peer support day and night. Monarch House also operates a warmline for over-the-phone peer support.

### **Northwest Connections Mental Health Crisis Line**

\* = May provide school-based services.

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[dunncocommunityresourceguide@gmail.com](mailto:dunncocommunityresourceguide@gmail.com)

1-888-552-6642

[www.nwcgc.com/services/northwest-connections/](http://www.nwcgc.com/services/northwest-connections/)

24 hours per day, 7 day a week crisis response and prevention services. Northwest Connections is a collaborative effort between on-call mental health workers, law enforcement personnel, county personnel and community providers to coordinate an immediate response to assist a person experiencing a mental health crisis. Services provided across western Wisconsin.

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### **Northwest Directions Outpatient Mental Health Services \***

402 Technology Dr E  
Menomonie, WI 54751  
715-235-4245

[nwdmenomonie@nwcgc.com](mailto:nwdmenomonie@nwcgc.com)

Provides outpatient mental health services to children and their families. They offer Telehealth, psychological and neuropsychological evaluations, and outreach services in the school setting.

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### **Northwest Journey**

402 Technology Dr E  
Menomonie, WI 54751  
715-235-4245

[NWJMenomonie@nwcgc.com](mailto:NWJMenomonie@nwcgc.com)

[www.nwcgc.com/services/journey/](http://www.nwcgc.com/services/journey/)

Provides a community-based treatment option by offering intervention, preventative, and therapeutic support services aimed at preventing out-of-home placements, assisting with transitioning back to the community from out-of-home placements, creating family stability, and individual success.

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### **SAMHSA**

Substance Abuse and Mental Health Services Administration  
5600 Fishers Lane  
Rockville, MD 20852  
1-877-SAMHSA-7 (877-726-4727)

[www.samhsa.gov](http://www.samhsa.gov)

The Substance Abuse and Mental Health Services Administration (SAMHSA) is the agency within the U.S. Department of Health and Human Services that leads public health efforts to advance the behavioral health of the nation. SAMHSA's mission is to reduce the impact of

substance abuse and mental illness on America's communities.

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### **Survivors of Suicide Loss Support Group**

Kayres Counseling  
E4530 490th Avenue (28th Street)  
Menomonie WI, 54751  
Contact Connie- 715-308-5766  
Knappkin1972@gmail.com

Provides a support group to help cope with the emotions we struggle with after losing someone to suicide. Last Thursday every month 6:00pm-7:00pm

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### **University of Wisconsin-Stout Clinical Services Center**

Vocational Rehabilitation Building Room 221  
221 10<sup>th</sup> Avenue E  
Menomonie, WI 54751  
715-232-2404

[www.uwstout.edu/csc](http://www.uwstout.edu/csc)

Services are free to UW-Stout students and are \$10 per meeting (\$3 for Medical Assistance) for community members. Services include but are not limited to family therapy, couple/marital therapy, individual therapy for children and adults, domestic partner therapy, divorce/post-divorce adjustment, mental health (ADHD, depression, anxiety, thought, behavioral, personality, etc.), trauma, grief and loss, communication/conflict resolution, prolonged parent or partner separation, parent counseling/parent education, individualized premarital classes, child emotional/behavioral problems at home or school (including bullying), single parenting and step or

bended family, Intimate violence (child or couple sex abuse or physical violence), sex therapy, sexual orientation, early intervention for youth/young adult offender. Additionally, School Psychology Master's Program students are available for the following (\$100 for complete assessment): gifted and talented assessment, assessment and/or updated documentation of potential learning disability, and assessment of potential cognitive disability. May have Hmong or Spanish speaking counselors available.

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### **Vantage Point**

2005 Highland Avenue

\* = May provide school-based services.

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[dunncocommunityresourceguide@gmail.com](mailto:dunncocommunityresourceguide@gmail.com)

Eau Claire, WI 54701  
715-832-5454 or 1-800-847-2144

[www.vantagepointclinic.com](http://www.vantagepointclinic.com)

Certified counselors provide various assessment and treatment programs including AODA and eating disorders. Payment options include private insurance and Medical Assistance/BadgerCare.

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