

RESOURCE GUIDE

Resources for Seniors, Families and Caregivers in Dunn County

If you have any questions or would like clarification on any of the information presented on the list, please call the Aging & Disability Resource Center of Dunn County at 715-232-4006 or 833-534-0606. Our email address is adrc@co.dunn.wi.us and our website address is: www.co.dunn.wi.us/adrc



General Information & Outreach for Seniors and Disabled Adults

Information and/or Assistance to Appropriate Services

Aging & Disability Resource Center of Dunn County	715-232-4006
Center for Independent Living	715-233-1070 or 1-800-228-3287
dunn.myresourceguide.org/resources	
Elder Care Locator	1-800-677-1116
Federal Citizen Information Center	1-844-872-4681
Great Rivers 2-1-1	1-800-362-8255
Hmong Mutual Assistance Association	715-832-8420

Access to Publicly Funded Long-Term Support Services

Aging & Disability Resource Center of Dunn County	715-232-4006
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Elder and Vulnerable Adult Abuse (financial, physical, emotional)

Aging & Disability Resource Center of Dunn County	715-232-4006
The Bridge to Hope	715-235-9074 or 1-800-924-9918
Elder Abuse Hotline	1-833-586-0107

Legislative Information

Legislative Hotline	1-800-362-9472
Tony Evers (Governor)	1-608-266-1212
Tammy Baldwin (US Senator)	1-608-264-5338
Ronald Johnson (US Senator)	1-414-276-7282
Derrick Van Orden (3 rd District US Congressman)	1-202-225-5506
Rob Stafsholt (10 th District State Senator)	1-608-266-7745
Jesse James (23 rd District State Senator)	1-608-266-7511
Romaine Quinn (25 th District State Senator)	1-608-266-3510
Jeff Smith (31 st District State Senator)	1-608-266-8546
Clint Moses (29 th District Assembly)	1-608-237-9129
Rob Summerfield (67 th District Assembly)	1-608-237-9167
David Armstrong (75 th District Assembly)	1-608-237-9175
Warren Petryck (93 rd District Assembly)	1-608-237-9193

Alzheimer's, Confusion and Memory Loss

Alzheimer's Information and Support Groups

Aging & Disability Resource Center of Dunn County	715-232-4006
Alzheimer's Association 24-Hour Help Line	1-800-272-3900
Alzheimer's & Dementia Alliance of Wisconsin	1-888-308-6251
Alzheimer's Disease Education and Referral Center	1-800-438-4380
Alzheimer's Support Group	715-232-4006
Dementia Manual	https://daanow.org/pathways-to-well-being-manual/
Greater Wisconsin Alzheimer's Association Chapter	715-720-7611

Adult Day Care

Aurora Day Center (senior and developmentally disabled)	715-235-1839
Grace Lutheran Adult Day Services	715-832-8811 or 715-738-1925
Hmong Senior Center LLC	715-514-3491
Reach Adult Day Services (Menomonie)	715-235-7733
Reach Adult Day Services (Eau Claire)	725-833-7755
Serenity Care Agency	715-308-3800
Shirley Doane Senior Center	715-235-0954

Dementia Care Living Facilities

Comforts of Home Advanced Memory Care	715-800-8325
Our House Memory Care	715-232-8181
The Neighbors of Dunn County	715-232-2661
VitaCare Living (Care Partners Assisted Living)	715-235-6333

Memory Diagnostic Evaluation Clinics

Mayo Clinic Health System Memory Care Clinic	715-838-1900
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Caregiver Support

Support Groups

Aging & Disability Resource Center of Dunn County	715-232-4006
(Family Caregiver Support Program & Alzheimer's Support Program)	

Call for current information for all support groups.

Artful Expressions	<u>VIRTUAL</u>
Caregiver Coffee Hour	Monday DISH
Caregiver Support Group	Circle of Support
Exploring Dementia	Evening Conversations
Purple Perk	Lunch Bunch
Men's Caregiver Connection	Lewy Body Dementia
Relatives Raising Children	Savvy Caregiver Support Group
Walk & Talk with the ADRC	
Women Connected	

Employment

Dunn County Job Center Workforce Development	715-232-7360
Employment Resources, Inc. (ERI)	1-608-246-3445
LE Phillips Career Development Center	715-834-2771
WI Department of Vocational Rehabilitation	715-836-4263

Exercise, Fitness and Health

Exercise and Fitness

Colfax Grapevine Senior Center	715-962-2550
Menomonie High School Pool & Fieldhouse	715-232-1197
Rassbach Museum (winter walking program)	715-232-8685
Shirley Doane Senior Center in Menomonie	715-235-0954
UW-Stout Fieldhouse	715-232-1392

Health and Wellbeing

American Cancer Society	1-800-227-2345
American Diabetes Association	1-800-342-2383
Arthritis Foundation	1-800-283-7800
Caring Hands on Soles (Home Visits)	715-491-0022
Dunn County Health Department (mammograms for low income women under 65)	715-232-2388
Flu shots – DC Health Department	715-232-2388
Foot Care Clinics – Shirley Doane Senior Center	715-235-0954
Foot & Nail Care UW Eau Claire (Apr & Oct)	715-836-3636
Free Clinic of Menomonie	715-308-3808
Just Toes & Foot Care (Home Visits)	715-559-6077

Mayo Clinic Patient Education	507-284-8140
National Cancer Institute	1-877-448-7848
National Health Information Center	1-800-336-4797
Smoking Cessation – DC Health Department	715-232-2388
The Mobile Nail Care Nurse, LLC	1-701-373-5458

Food and Nutrition

Grocery Shopping Assistance

Community Connections Program	715-235-2920
Dicks Fresh Market, 1408 9 th Street E, Menomonie	715-235-2134
Grandma's Helpers	715-308-9275 or 715-308-9273
Kyle's Market, 115 S Main Street, Colfax	715-962-3585
Walmart, 108 Cedar Falls Road, Menomonie	715-235-6565

Home Delivered Meals

Aging & Disability Resource Center of Dunn County	715-232-4006
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Senior Dining (Hot Meals) 715-232-4006

Colfax Grapevine Senior Center (Mon thru Thurs)	715-962-2550
Dairyland Café in Ridgeland (Mon thru Fri)	715-949-1985
Hosford-Rich Apartments (Mon, Tues, Thurs, Fri)	715-235-4047
Sand Creek Café (Mon thru Fri)	715-658-1335
Tantara Apartments (Mon thru Fri)	715-556-0266

Area Food Pantries/Food Programs and Free/Reduced Cost Meals

Boyceville – West CAP Food Access & Resource Center

823 Main Street - Phone: 715-280-3238
 Serves Boyceville & Glenwood City Area School Districts
 Food Pantry Schedule: Every Thursday 1-7 pm
 Commodity boxes for age 60 and older. Senior Farmers Market Vouchers

Boyceville Food Harvest Ministry

\$15 Requested Donation – You Eat You Qualify
 3rd Saturday of the Month, 8 am
 1002 Main Street, Boyceville - For More Information, Call 715-619-6979

Commodity Supplemental Food Program – CSFP

Supplemental food package through West CAP Phone: 715-977-1167

Dunn County - FoodShare – Formerly Food Stamps Program (Income Based)

Call GRCC 1-888-283-0012 or Dunn County Human Services at 715-232-1116

Dunn County Elderly Nutrition Program – Must be 60+ - Home-Delivered Meals.

Congregate meal sites in several communities. Nutritional supplements (Ensure).
 Senior Farmers Market Vouchers. Dunn County ADRC: 715-232-4006

Dunn County – WIC Program (Women, Infants & Children)

Dunn County Government Center, 3001 US Hwy 12 East, Suite 9, Menomonie -
 Phone: 800-722-2295

Elk Mound – Shepherd's Shelf

Shepherd of the Hill Lutheran Church, 207 University Street, Elk Mound
 Tuesdays 4-6 pm and Fridays 10 am-12 noon – Elk Mound Residents Only
 Phone: 715-879-5115

Elk Mound Farmer's Market

Elk Mound Village Hall on Hwy 12 Phone: 715-879-5011

Knapp – Plates and Knappkins Food Distribution

Every month that has a 5th Saturday (about every 3 months)
 7–9 am - \$15 Donation
 508 Highway 12, Knapp - Phone: 715-665-2310

Knapp Community Projects Food Pantry

Thursdays 2-5 – Donations welcome
 Phone: 715-665-2310

Little Free Pantry – Our Savior's Lutheran Church

910 Ninth Street, Menomonie Phone: 715-235-0693
 Take what you need – share what you can.

Menomonie – Monday's Meal

From 5-6:00 pm, Menomonie United Methodist Church, 2703 Bongey Drive,
 Menomonie – Phone: 715-235-0654

Menomonie – Tuesday's Table

Hot home-cooked meal every Tuesday 5-6:00 pm. St Joseph's Catholic Church,
 921 Wilson Avenue, Menomonie – Phone: 715-232-4922

Financial/Legal/Advocacy

Complaints/Investigation

Benefit Specialists/ADRC of Dunn County	715-232-4006
Center for Independent Living	715-233-1070
Consumer Product Safety Commission	1-800-638-2772
Consumer Protection	1-800-422-7128
Disability Rights of Wisconsin	1-877-338-3724
	(TTY) 1-888-758-6049
Elder Financial Empowerment (Elder Financial Abuse)	1-800-488-2596
Fraud Information Center	1-800-876-7060
Landlord/Tenant (Dept of Agriculture)	1-800-422-7128
Medicare Fraud Spotters	1-800-633-4227
Office of the Commissioner of Insurance	1-800-236-8517
Ombudsman Program for Nursing Homes/Group Homes/ Community Options Program	1-800-815-0015

Estate Planning

WI State Law Library	608-243-2881
Probate	715-232-6782

Financial Assistance

Benefit Specialists/ADRC of Dunn County	715-232-4006
Energy Fuel Assistance	715-598-4750
Food Share (Quest Card)	1-888-283-0012
Medical Assistance (Forward Card)	1-888-283-0012
Medicare	1-800-633-4227 or 715-232-4006
Prescription Drug Assistance Program	715-232-4006
Senior Care Prescription Drug Program	1-800-657-2038
Social Security and SSI	1-800-772-1213 or 1-866-815-2924
Wisconsin SSI	1-800-362-3002

Guardianship Assistance

Aging & Disability Resource Center	715-232-4006
Dunn County Human Services	715-232-1116
Private Elder Law Attorneys	715-232-4006
WI Guardianship Support Center	1-855-409-9410

Insurance Information

Benefit Specialists/ADRC of Dunn County	715-232-4006
GRCC (Medicaid/Badgercare)	1-888-283-0012
Medigap Hotline	1-800-242-1060
Office of the Commissioner of Insurance	1-800-236-8517

Legal Assistance Information

Free Legal Assistance	wi.FreeLegalAnswers.org
Lawyer Referral Service	1-800-362-9082
State Bar of Wisconsin	1-800-728-7788
Wisconsin Judicare	1-800-472-1638

Representative Payee

House Calls of Menomonie Inc.	715-232-6475
Payee Services	715-233-0203
Polk Burnett Payee Inc	715-731-0133
RP Services of WI Inc.	715-285-5020

Taxes

AARP Tax Appointments (February through April) (Free Income Tax and Homestead Tax Credit Assistance)	715-232-4006
Internal Revenue Service	1-800-829-1040
myfreetaxes.com	1-866-698-9435
Property Tax Deferral Program (WHEDA)	1-800-755-7835
Vita Free Tax Preparation	1-800-906-9887
Wisconsin Department of Revenue	1-608-266-8100
Wisconsin Tax Refund Info	1-608-266-8100

Veterans Services

Dunn County Veterans Service Office	715-232-1646
Veteran's Administration – Wisconsin	1-800-827-1000

Menomonie – Wednesday’s Table

Hot home-cooked Meal every Wednesday 5-6 pm
Christ Lutheran Church, 1306 Wilcox Street, Menomonie
Phone: 715-235-5573

Menomonie – Thursday’s Table

Hot home-cooked meal every Thursday 5-6 pm. First Congregational Church,
420 Wilson Avenue, Menomonie – Phone: 715-235-5838

Menomonie Farmer’s Market

May through October – Wilson Street Park, Menomonie
Wednesdays 10 am-6 pm, Saturdays 8 am-1 pm Phone: 715-641-0050

School Lunches – Free/Reduced and Project SAM (Share A Meal)

Contact your local school’s food service office
Menomonie 715-235-2920 or assistant@steppingstonesdc.org

Stepping Stones Food Pantry

Food pantry and Commodity Boxes for 60+
1602 Stout Road, Menomonie - Call for hours: 715-235-2920
Pop-Up Curbside Food Pantries in rural Dunn County – Call 715-232-2920

Hearing Impairment

Information, Support, Assistive Devices

Aging & Disability Resource Center of Dunn County 715-232-4006
Center for Communication, Hearing & Deafness 1-414-604-2200
Center for Independent Living 715-233-1070
National Hearing Aid Helpline 1-800-521-5247
Office for the Deaf and Hard of Hearing 1-855-359-5252
TAP Hearing Aid Assistance (TAP HAA) 1-608-267-7195
TEPP Program 1-608-231-3305 or 1-715-233-1070
Wisconsin Bureau for the Deaf and Hearing Impaired (TTY) 1-855-359-5252
Or 608-266-1255
Wisconsin Relay Customer Support (TTY/Voice) 1-800-676-3777
(Speech Disabled) 1-877-787-1989 or (Español) 1-800-676-4290
Local telephone companies can provide help with assistive devices.

Home Modifications/Repairs

Relocation, Repairs and Modifications

Caring Transitions (Moving/Decluttering/Downsizing) 715-318-1410
Center for Independent Living 715-233-1070
City of Menomonie Deferred Loans 715-235-9081
Dunn County Community Development Block Grant 715-726-7933
Eau Claire Home Organizers 715-500-4762
Foundation for Rural Housing 888-400-5974
Habitat for Humanity 715-833-8993
Home Repair/Buyer Program (CCHA) 715-726-7933
Lifeway Mobility (Wheelchair lifts/ramps) 952-808-3646
RANWW Foundation (REALTORS Association) 715-835-0923
Stepping Stones Community Connections Program 715-235-2920
Tomorrow’s Home Foundation 1-608-255-1088
(Mobile and Manufactured Homes)
USDA Rural Development 715-232-2614
West Cap 1-800-606-9227 or 715-598-4750
Local telephone and utility companies;
Local city/village government “Block Grants.”

Housing Options

Apartments with Noon Meals, Light Housekeeping, Emergency Call System (Varies per site)

Galloway Home 715-235-7778
Hosford-Rich Apartments 715-235-0656
Tantara Apartments 715-235-4718
The Oaks 715-235-7793

Assisted Living (Services vary)

American Lutheran Communities (Mondovi) 715-926-4962
Assisted Living Advisors 715-210-4066
Assisted Living Locators 715-628-2011
Autumn Village 715-235-3697
Cambridge Senior Living (Eau Claire) 715-577-8418
Colfax Senior Living (Frontida) 715-962-3186
Comforts of Home Assisted Living 715-953-2196
Our House Senior Living 715-232-8181

Potters Country Home 715-235-6789 or 715-505-0621
VitaCare Living (Care Partners and Country Terrace) 715-235-5112

Skilled Nursing Facilities

American Lutheran Home 715-235-9041
Glenhaven (Glenwood City) 715-265-4555
Spring Valley Senior Living & Health Care 715-778-5545
The Neighbors of Dunn County 715-232-2661

Subsidized Housing Units (rent is based on income)

Boyceville Manor 715-235-4718
Cedar Grove Apartments (Menomonie) 715-232-9940
Colfax Manor 715-235-4718
Colfax Prairie Homes 715-598-4750
Gaylord Nelson Apartments (Menomonie) 715-419-2238
Hillcrest Apartments (Wheeler) 715-619-0062
Hosford-Rich Apartments (Menomonie) 715-235-0656
Menomonie Housing Authority (Menomonie) 715-235-0656
Memorial Heights Apartments (Menomonie) 715-235-0656
Morningside Apartments (Sand Creek) 715-619-0062
The Oaks (Menomonie) 715-235-7793
Pine Ridge Apartments (Ridgeland) 715-619-0062
Pinedale Apartments (Menomonie) 715-716-4173
Ridgeland Manor 715-235-4718
Riverview Apartments (Downsville) 715-619-0062
Sunnyside Apartments (Knapp) 715-665-2495
Tantara Apartments 715-235-4718
Tiffany Street Apartments (Boyceville) 715-619-0062
University Village (Menomonie) 715-834-3411
Valley View Apartments (Knapp) 715-619-0062
Warren Knowles Manor (Menomonie) 715-419-2238

Subsidized Rent Vouchers

Dunn County Housing Authority 715-598-9887
Lutheran Social Services 877-967-5577
Menomonie Housing Authority 715-235-0656
West Cap 1-800-606-9227 or 715-598-4750

Other Senior Housing Options

Dancing Oaks 715-233-0406
www.seniorhomes.com/wisconsin/seniorlivingnearme.org
Village at White Pine 715-231-2100

In-Home Services

Nursing, In Home Services, Respite, Bathing Assistance, Housekeeping

Advanced Living Care LLC 715-505-2812
Almost Family Home Health Care 715-831-0631
Amy’s Angels 651-295-2483
Appeal to Heaven 715-379-7889
Aurora Community Health 715-235-3707
Aveanna Home Health 715-598-5600
Caring Transitions (downsizing, decluttering, estate sales) 715-318-1410
Center for Independent Living 715-233-1070
Clearwater Assisted Living LLC 715-492-0311
Cornerstone Caregiving 534-444-9021
Empatia Palliative Care 414-944-2038
Hands On In-Home Care 715-949-1313
Heal to Thrive 777-210-7387
His Hands & Feet, LLC 715-505-1645
Home Companions 715-533-8946
Home Instead 715-941-4717
House Calls Personal Touch Respite Program 715-232-6475
Integrity Home Healthcare 715-944-9065
Interim Home Healthcare & Palliative Care 715-834-1313
MaidPro (cleaning services) 715-215-2519
Mayo Clinic Health Systems Home Care 800-236-8408
Peaceful Living 715-386-7071
Safe at Home Senior Care 715-598-7233
St. Croix Structuring (transition/hoarding services) 715-243-9375
Seniors Helping Seniors 715-514-4511
Serenity Care Agency 715-308-3800
Stepping Stones 715-235-2920
Sunshine Care Inc. 715-514-5566
Touching Hearts at Home 715-245-1944

Two Sisters and a Bucket 715-495-2825
 Village Caregiving 715-492-0191
 Visiting Angels 715-598-1750 or 715-861-5546

Senior Citizen Organizations
 AARP (American Association of Retired Persons) 1-888-687-2277
 CWAG (Coalition of Wisconsin Aging Groups) 1-608-224-0606
 or 1-800-488-2596

Hospice Services

Adoray Home Health & Hospice 1-800-359-0174
 Heartland Hospice 1-866-216-5708
 Interim Healthcare Hospice Care 715-834-1313
 Lily Home & Hospice 715-201-2233
 Mayo Clinic Health System Home Health & Hospice 1-800-236-8408
 Moments Hospice 715-800-0900
 St. Croix Hospice 1-855-278-2764

Medical Equipment

All Star Mobility 715-598-7511
 Apria Healthcare 715-834-7517
 Center for Independent Living 715-233-1070
 Grace Home Respiratory (Altoona) 715-832-7377
 Home Safety Innovations 920-379-4439
 Mayo Clinic Store (Eau Claire) 715-838-1815
 NuMotion, LLC 715-552-3711
 Veterans Service Office (Loan Closet) 715-232-1646
 WI Council of the Blind & Visually Impaired 1-800-783-5213

Mental Health Resources

Arbor Place 715-235-4537
 Aurora Counseling Center 715-235-4696
 Beacon Mental Health Resources 715-308-5742
 Callier Clinic (Office in Menomonie) 715-836-0064
 Crisis Texting Line (HOPE) Text "TALK" to 741741
 Dunn County Department of Human Services 715-232-1116
 Hmong Family Helpline 1-877-740-4292
 LGBT National Hotline 1-888-843-4564
 LGBT National Youth TalkLine (up to age 25) 1-800-246-7743
 Mayo Clinic Behavioral Health 715-233-7891
 Monarch House Peer Run Respite 715-505-5641
 NAMI Chippewa Valley 715-450-6484
 National Alliance on Mental Illness NAMI 1-800-950-6264
 National Domestic Violence Hotline 1-800-799-7233
 National Sexual Assault Hotline 1-800-656-4673
 Northwest Connections 1-888-552-6642
 Suicide Hotline 988 or 1-800-273-8255
 The Friendship Line (for seniors) 1-800-971-0016
 Trans Lifeline 1-877-565-8860
 Veterans Crisis Line 988 or 1-800-273-8255

Senior Centers & Organizations

Senior Centers

Boyceville Community Center 715-643-2351
 Colfax Grapevine Senior Center 715-962-2550
 Hmong Senior Center 715-514-3491
 Rock Creek Town Hall (Mondovi) 715-563-3478
 Shirley Doane Senior Center 715-235-0954

Personal Emergency Response Systems

*Not an all-inclusive list – Endorsements are not assumed nor implied
 Alert1 1-877-594-4097
 FastHelp 1-866-964-3375
 Lifefone 1-800-331-9198
 Lifeline 1-855-681-5351
 Lively (Best Buy Health) 1-800-345-5651
 Medical Alert 1-800-800-2537
 Medical Guardian 1-800-668-9200
 Per Mar Security Services 1-800-473-7627
 Senior Safety 1-888-473-2800
 VRI Cares 1-800-860-4230

Transportation Services

Buses

Dunn County Transit Commission 715-235-7433

Volunteer Drivers

Aging & Disability Resource Center 715-232-4006
 Center for Independent Living for Western WI, Inc.
 New Freedom Transport Program 715-233-1070 or 1-800-228-3287
 Stepping Stones of Dunn County 715-235-2920
 Veterans Service Office 715-232-1646

Other Transportation Providers

Accessible Vehicle Rentals 1-800-596-4366
 A&J Mobility (personal vehicle accessibility conversion-
 Including rentals) 1-877-833-9830
 Anytime Transport, LLC 715-559-6607
 Carepool 833-268-2688
 Handi-Lift 715-822-5077
 Town & Country Taxi 715-309-9619 or 715-563-7272
 MTM/Veyo (Badgercare & Medicaid clients) 1-866-907-1493

Vision and Hearing Impairment

Books/Newspapers on Tape (Talking Books)

Wisconsin Talking Book and Braille Library 1-414-286-3045
 Wisconsin Council of the Blind 1-608-255-1166 or 1-800-783-5213
 Local libraries have large print books and books on tape.

Information, Support and Assistive Devices

American Foundation for the Blind 1-800-232-5463
 Center for Independent Living (Voice & TTY) 1-800-228-3287 or 715-233-1070
 Lighthouse Guild 1-800-284-4422
 WI Bureau for the Blind 715-836-6772
 Wisconsin Council for the Blind 1-608-255-1166 or 1-800-783-5213
 WI Office for the Deaf and Hard of Hearing 1-855-359-5252



ADRC STAFF

Tracy Fischer, *ADRC Manager*

Alida Moua, *Community Health Worker*

Amy Lynch, *ILSP Program Assistant*

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